



Canada's Camping Checklist



Documentation

- Campsite confirmation
- Canoe (kevlar recommended if you have portages) or kayak confirmation
 - Paddles
 - Lifejackets/PFDs
 - Safety kit
 - Pump or bailer
 - Spray skirt or deck (optional)
- Weather forecast
- Boating license
- Fishing permit
- Health card/ID
- Passport (if leaving Canada)
- Cash/credit card
- _____



Packing

- Hiking backpack
- Dry bags
- Cooler/ice/ice packs
- Clear plastic storage containers
- Bear-resistant bag/canister
- Food barrel and harness
- Hiking day pack
- _____



Navigation

- Apps
- Maps/guides
- Phone/handheld GPS
- Waterproof phone case
- Compass
- Flashlight
- Headlamp
- Lantern
- Trekking poles
- Power bank
- _____



Shelter/furniture

- Camping tent
- Ground sheet
- Doormat
- Tarp
- Screened dining tent/bug shelter
- Camping table
- Camping chair/stool
- Clothesline
- Extra stakes/pegs
- _____



Utility

- Life jackets (PFDs)
- Carabiners
- Paracord/rope/twine
- Bungee cords
- Garbage bags
- Aluminum foil
- Duct tape
- Sewing kit (needle & thread)
- Zip lock bags
- Clear plastic storage containers
- Utility/pocket knife
- Multi-tool
- Safety pins/Clothes pins
- Mallet
- Axe/hatchet/saw
- Outdoor extension cords
- Dustpan and broom
- Whistle
- _____



Clothing & footwear

- Glasses/contacts
- Bathing suit
- Buff/bandana
- Hat
- Bug nets
- Short-sleeved shirts (t-shirts/tanks)
- Long-sleeved shirts (sweaters)
- Jacket/vest
- Rain jacket
- Pants (jeans/leggings/cargo)
- Shorts
- Pajamas
- Long underwear/base layer
- Socks/extra socks
- Underwear
- Shoes
- Hiking shoes/boots
- Sandals/flip flops
- Rain boots
- Water socks/shoes
- Gloves/mittens
- Paddling gloves
- _____



Health & hygiene

- Toothpaste
- Toothbrush
- Dental floss
- Deodorant
- Soap
- Shampoo
- Portable shower



Cooking

- Camping stove
- Fuel
- Firewood/charcoal
- Lighter/matches/fire starter
- Campfire grill grate
- Griddle
- Pots and pans with lids

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- | | |
|---|---|
| <input type="checkbox"/> Wet wipes | <input type="checkbox"/> Dutch oven |
| <input type="checkbox"/> Hand sanitizer | <input type="checkbox"/> Can opener/bottle opener/corkscrew |
| <input type="checkbox"/> Razor/shaving cream | <input type="checkbox"/> Cutting board |
| <input type="checkbox"/> Hairbrush/comb | <input type="checkbox"/> Grater |
| <input type="checkbox"/> Nail clippers | <input type="checkbox"/> Strainer |
| <input type="checkbox"/> Thermometer | <input type="checkbox"/> Camp stove toaster |
| <input type="checkbox"/> Menstrual cup/pads | <input type="checkbox"/> Cooking utensils |
| <input type="checkbox"/> First aid kit | <input type="checkbox"/> Tableware/mess kit |
| <input type="checkbox"/> Medication & ointments | <input type="checkbox"/> Tablecloth/pins/clips |
| <input type="checkbox"/> Earplugs | <input type="checkbox"/> Napkins/paper towel |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Cooking oil |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Condiments |
| <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Spices |
| <input type="checkbox"/> Bear spray/horn/bell | <input type="checkbox"/> Egg holder |
| <input type="checkbox"/> Quick-dry towel | <input type="checkbox"/> Coffee press/coffee maker |
| <input type="checkbox"/> Moisturizer/lip balm | <input type="checkbox"/> Kettle |
| <input type="checkbox"/> Small mirror | <input type="checkbox"/> Campfire roasting sticks |
| <input type="checkbox"/> Small shovel/trowel | <input type="checkbox"/> Pie iron |
| <input type="checkbox"/> Facial tissues | <input type="checkbox"/> Biodegradable dish soap |
| <input type="checkbox"/> Toilet paper | <input type="checkbox"/> Dish cloth/sponge/scrub pad |
| <input type="checkbox"/> Biodegradable bags | <input type="checkbox"/> Dish pan or plastic bin |
| <input type="checkbox"/> _____ | <input type="checkbox"/> Drying rack |
| | <input type="checkbox"/> Dish towels |
| | <input type="checkbox"/> _____ |

 **Sleeping**

- Sleeping bag
- Sleeping bag liner
- Sheets/blankets
- Sleeping pad/air mattress/cot
- Air pump
- Pillow
- Camping hammock
- _____

 **Water**

- Water bottles
- Hydration bladder
- Thermos
- Water jug/bucket
- Water purification tablets
- Water filtration system
- _____

Fun & activities

- Camera
- Camera case
- Tripod
- Camera batteries and charger
- Batteries
- Memory cards
- Fishing rod, tackle and license
- Bikes/helmets/lights/locks
- Binoculars
- Beach umbrella/tent
- Sports equipment
- Games (dice, deck of cards, etc.)
- Books
- Portable speaker
- Guitar/instrument
- AM/FM radio
- _____

Camping with baby

- Clothes (1 to 2 outfits/day and onesies)
- Portable high chair
- Bottles
- Baby food/formula
- Bibs
- Baby wipes
- Diapers
- Diaper rash cream
- Playpen
- Baby carrier
- Stroller
- Bouncy chair
- Baby bath and lotion
- Blankets
- Cot sheets
- Baby monitor
- _____

Camping with kids

- Camping chair
- Disposable camera
- Walkie-talkies
- Training potty
- Child carrier backpack
- Swim shirt
- Colouring book
- Bubbles
- Water wings
- Pool noodles
- Inflatables
- Sand toys
- _____

Camping with pets

- Food
- Treats
- Leash
- Poop and scoop bags
- Tent
- Bed
- Toys
- Lifejacket
- Medications
- Sweater/coat
- _____



Food ideas

Drinks

- Coffee
- Creamer
- Apple cider
- Hot chocolate
- Tea bags
- Juice
- Milk
- Beer
- Wine
- Liquor

Breakfast

- Oatmeal
- Dried fruit

Lunch

- Jerky
- Hummus
- Carrots
- Celery
- Snap peas
- Fruit bars

Dinner

- Freeze-dried food
- Lentils
- Beans
- Pasta
- Rice

Smores

- Marshmallows
- Graham crackers
- Chocolate
